FLOATATION PRICES AND PROGRAMMES

One Hour Casual Float ........................................ $ 50.00
Early Bird Special 9am & 10.15am Monday-Friday .......... $ 35.00

SPECIAL INTRODUCTORY COURSE (NOT TRANSFERABLE)
FOR FIRST-TIME FLOATERS (3 Floats within a 10-day period)
3 x One Hour Sessions @ $40 each .................. $120.00

PROGRAMMES (Transferable)

4 x One Hour Sessions @ $45 each ....................... $180.00

FOR FLOAT DEVOTEES
6 x One Hour Sessions @ $35 each ....................... $210.00

2 HOURS OF BLISS
One Hour Float combined with 1 Hour Massage ........ $130.00

WHY A 3 FLOAT INTRODUCTORY COURSE
Flotation is a highly individual and personal experience, the experience provokes/evokes unique individual experiential sensations of physical, physiological and psychological nature as one's body deepens to the experience of NOT working to keep us safe and together (i.e. relaxation).

Therefore each float may evoke different sensations according to our 'state of being' in the present moment. One float may produce euphoria, another, deep relaxation and sleep. Being a new experience the initial or first float may expose a personal sense of anxiety and/or fatigue as one's body and mind slows and relaxes enough to allow us to become aware of and experience the tension which is already there in our body, previously lurking below conscious awareness, denied by incessant striving to maintain the stress of life's demands. It is here at this place of awareness where we may personally recognize the tension and allow the healing process to begin.

There is a story of four blind men who for the first time come into contact with an elephant. One man approaches the trunk and decides that the animal is like a thick and strong rope. Positioned by its foot another man believes the creature is like a strong pillar. The man at its tail believes it to resemble a supple broom, while the man at its side is emphatic that the animal is like a canvas tent. They all agree that it is a strange and wondrous creature, but the consensus stops there.

This is why we strongly recommend three floats for the initial experience. We want you to see a bigger picture before deciding what floating is, and how it may fit into your life.

Life is magnificent: look out to look in or look in to look out.